

## Sex or Sexuality?



Detail of the painting "The Kiss" by Gustav Klimt.

2

"...male and female he created them..."

Gn 1:27

# 2 YOU-AFFECTIVITY AND SEXUALITY

## 2

### Sex or Sexuality?

"...male and female he created them..."

Gn 1:27



What catches your attention?

---

---

The photographer captured an image that seems to come to life.

Our eyes see two moments of tenderness and expressivity.

What difference do you see between the two?

---

---

If we were to ask you which of the two couples is having a sexual relationship, what would you say?

---

---

1 Look at the photograph!



ESTAMPAS Photography Collection. Gabriel Tizón. Ferrol. 1973.

*After doing the other activities we will ask you the same question again. Will your opinion change?*

# 2 YOU-AFFECTIVITY AND SEXUALITY

## 2

## Sex or Sexuality?

2 We invite you to gather into two groups, if possible boys in one group and girls in the other.



What does this word bring to mind?

# SEX

Take a few minutes to answer and share your responses, concentrating on the following questions:

	GIRLS	BOYS
Did you answer in the same way?		
Did you see any differences? What?		
Did you relate sex with any particular circumstance? Love? Children? Marriage?		

Do the same thing with the word:

# SEXUALITY

	GIRLS	BOYS
Did you answer in the same way?		
Did you see any differences? What?		
Did you relate sexuality with any particular circumstance? Love? Children? Marriage?		

# 2 YOU-AFFECTIVITY AND SEXUALITY

## 2

### Sex or Sexuality?

3 Did you discover any differences between sex and sexuality? Try to look at these differences together.



1	SEX	2	SEXUALITY

4 Observe the photographs below. Can you associate each image with one of the words we were discussing? Which word corresponds to which photo?



1



# 2 YOU-AFFECTIVITY AND SEXUALITY

2

Sex or Sexuality?

2



3



BUILDING UP LOVE

# 2 YOU-AFFECTIVITY AND SEXUALITY

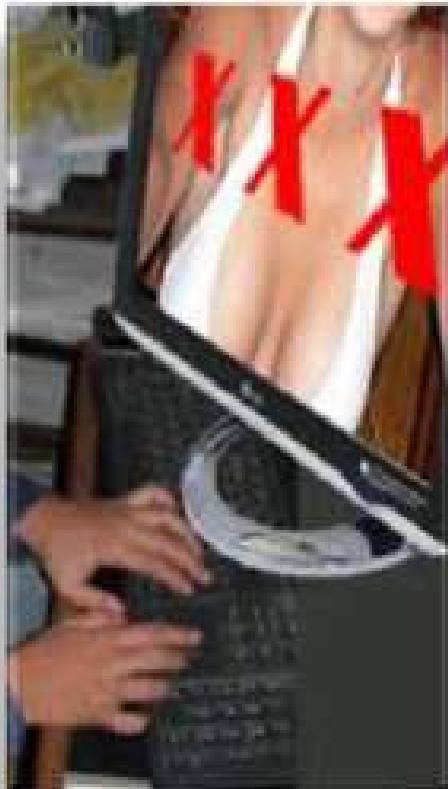
2

Sex or Sexuality?

4



5



6



5 Compare the first and last photographs.

# 2 YOU-AFFECTIVITY AND SEXUALITY

2

## Sex or Sexuality?

What differences do you see?

---

---



Where are the people in the photographs looking?

---

---



---

---

---



---

---

---

BUILDING UP LOVE



Below you will find some sentences. Try to place them under the image that you think they describe:

1. I'm having an awesome time. I'm having fun. Period.
2. I enjoy being by their side and making them laugh.
3. The good thing is that every night you meet a ton of people and if you both agree ...you're both happy.
4. We get to know each other a little more each day and I feel more comfortable.
5. Of course I'm attracted to him/her, but now is not the right time.
6. I like him/her and I'll try them out, but I think I need to meet more people. There are other guys/girls that I like, too.
7. We talk a lot. He/she is so different from everybody else.
8. I would love for this to be forever.

# 2 YOU-AFECTIVIDAD Y SEXUALIDAD

## 2

## Sex or Sexuality?

6 Now are you able to write a definition of SEX AND SEXUALITY?

SEX is.....

.....

SEXUALITY is.....

.....



**1** SEX is not the same as SEXUALITY, and the two can get mixed up and be used badly.

Sex refers to our organic condition, and sexuality broadens the conditions that characterize each sex.

Sexuality has been cheapened in today's society. The meaning of sexuality is lived out as though it were an absolute, and has lost its value, its true meaning.

Sex is seeing the other person only for their body, forgetting that they are a whole person.

Sexuality has been reduced to GENITALITY and has been separated from the person.

**7** We are going to ask you to compare two more photographs. Just like in the previous activity, write the caption under the photograph that you think it corresponds to:

1. Instinct without meaning.
2. The process of arousal is a reflex.
3. All the aspects of the person come into play in the process of arousal.
4. Freedom and the will make abstinence possible.
5. It is the mating of two reproductive organs.
6. It is an interpersonal relationship.
7. It is a conscious act.
8. It is pre-determined.



# 2 YOU-AFFECTIVITY AND SEXUALITY

2

Sex or Sexuality?



---

---

---



---

---

---



Do you believe that sexuality is proper to human beings, or does sexuality also exist in other living beings?

What about sex? Do you believe that abuses such as rape, abuse, pornography, prostitution, etc. occur in the animal world as well?

---

---

What is it that really defines human sexuality?

---

---

BUILDING UP LOVE

# 2 YOU-AFFECTIVITY AND SEXUALITY

2

## Sex or Sexuality?



2 Sexuality is a dimension of the human person. It constitutes part of my person.

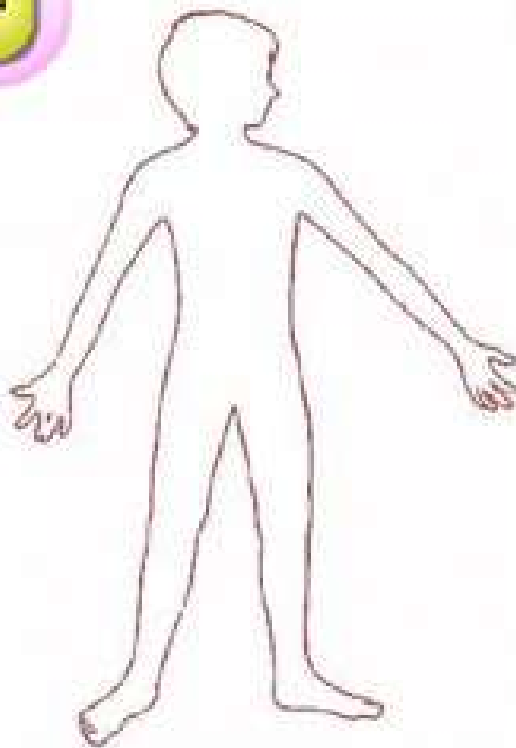
Animal sexuality is different from human sexuality.

Animals are **NOT PERSONS**. They don't have reason, the will, or true freedom. They are ordered by natural laws and they live out their relationships through **INSTINCT**. They are a-moral and cannot devalue what they are incapable of giving **MEANING** to in the first place.

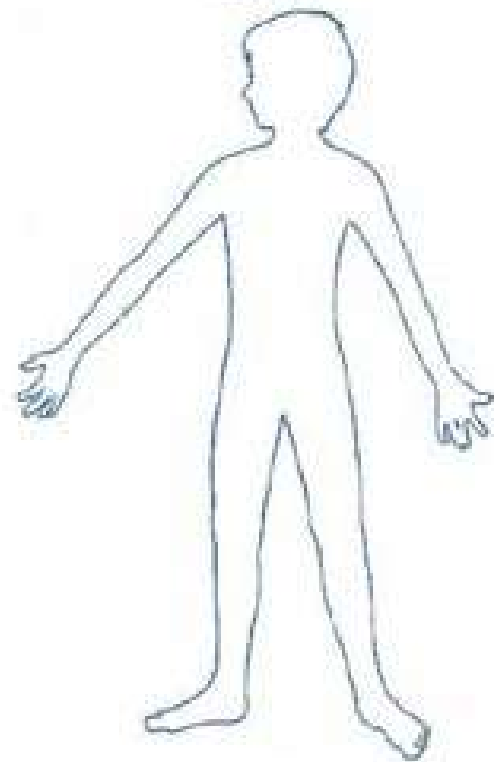
8 We have already seen that sexuality is a dimension of the person. Where is it located? Can you pinpoint it? Is it the same in boys and girls?



WOMAN



MAN



Share with your classmates.

# 2 YOU-AFFECTIVITY AND SEXUALITY

## 2

### Sex or Sexuality?

9 Observe and reflect on this photograph.

When a boy and a girl like each other, this causes attraction and desire.

Can you see a "spark" in the photo? Where?

What role does sexuality play in this attraction?



What is the starting point? What is the first thing that attracts you to a person?

Physical appearance can also be the starting point, but isn't there something more? Choose the characteristics that you think are the most important:

- |   |  |
|---|--|
| <input type="checkbox"/> their smile            | <input type="checkbox"/> their waist       |
| <input type="checkbox"/> their backside         | <input type="checkbox"/> their hands       |
| <input type="checkbox"/> their mouth            | <input type="checkbox"/> their hips        |
| <input type="checkbox"/> the way that they talk | <input type="checkbox"/> the way they walk |
| <input type="checkbox"/> their eyes             | <input type="checkbox"/> their chest       |
| <input type="checkbox"/> their genitals         | <input type="checkbox"/> their hair        |
| <input type="checkbox"/> their gaze             | <input type="checkbox"/> their physique    |



**3** When I "fall in love" with someone, the first thing that I notice is their body. I already know that the body is an expression of my PERSON. The body speaks of me. That's why, when I fall in love, I don't only notice the person's form: if they are blonde or thin, the shape of their eyes or the color of their hair. There is something that overtakes me. Something that attracts me. It is sexual attraction, which is a response to the difference in the other's body, and it attracts me like a magnet. It's not "their genitals" or their sex that produce this desire in me, but the WHOLE person, their sexuality.



# 2 YOU-AFFECTIVITY AND SEXUALITY

2

## Sex or Sexuality?

10 We invite you to listen to this song that speaks of DESIRE.



<http://bit.ly/299slwh>



BUILDING UP LOVE

What do you think he's referring to when he talks about a "sweet magnetism"?

---

---

Two opposite charges attract. Do you think that the same thing happens between men and women?

---

---

If we define desire as yearning for something we don't have, that transforms us once it appears, could you say that attraction and desire are the same thing?

---

---

---

Why do you think he talks about "complements"?

---

---



### EL DESEO

Yo soy, tan solo  
uno de los dos polos;  
de esta historia, la mitad.

Apenas medio elenco estable;  
una de las dos variables  
en esta polaridad:

más y menos,  
y en el otro extremo  
de esa línea, estás tú,

mi tormento,  
mi fabuloso complemento,  
mi fuente de salud.

### Deseo

mire donde mire, te veo  
mire donde mire, te veo  
mire donde mire, te veo....

Igual que hace millones de siglos  
en un microscópico mundo distante,  
se unieron  
dos células cualquiera...

### Instinto,

dos seres distintos  
amándose por vez primera.

### Deseo

mire donde mire, te veo  
mire donde mire, te veo  
mire donde mire, te veo....

Dulce magnetismo:  
dos cargas opuestas  
buscando lo mismo.

# 2 YOU-AFFECTIVITY AND SEXUALITY

2

## Sex or Sexuality?



11 We've already seen how men and women are different and how an attraction is produced between them. Do you believe that the differences between men and women are more determined by their own nature, or by their culture and education? Discuss this question with your classmates.



Do you believe that  
sexuality determines our  
behavior and form of being?

---

---

---



4 Sexuality speaks of duality: Man and woman are **PERSONS**. They are different, yet they have the same **DIGNITY**.

Sexuality is **BEING**, AS A MAN AND AS A WOMAN.

It forms part of my **WHOLE** person and shapes my way of being: being a man, being a woman. It shapes my behavior as a man or as a woman.

Sexuality involves my whole person, not just my genital organs.

My **SEXUAL DIMENSION** is always present in my relationship with others, because every relationship is **PERSONAL**.

The sexual relationship is **COMMUNICATION**, and there are different gestures and ways of communicating love. A glance, an embrace, a kiss, and the mutual donation of body and soul.

My sexuality shapes **ALL** of the aspects of my person: my body, my affections, my intelligence, my spirituality, my sociality. These aspects are different and complementary.

Sexuality speaks of complementarity.

# 2 YOU-AFFECTIVITY AND SEXUALITY

2

Sex or Sexuality?

*“Woman must teach man her sentimental dimension, freeing the tenderness so often hidden away in his heart, and man must teach woman his capacity for bodily self-giving, so rich and diffused, so full of nuance.”*

Let's Discover Love. Denis Sanet.

Has your vision of **SEXUALITY** changed?



ESTAMPAS Photography Collection. Gabriel Tizón, Ferrol, 1973

BUILDING UP LOVE